

THE BULL

The Street, Brantham, Manningtree Co11 1PN T.01473 328494 E. thebranthambull@yahoo.co.uk

MENU

Not fast food but food served as fast as we can

Appetisers

Mixed Olives marinated in olive oil, honey And balsamic vinegar	£3.10
Selection of breads served with balsamic vinegar And olive oil	£3.10
Roasted mixed nuts	£1.95
Dried tomatoes served in olive oil	£1.95

Sharers

Nachos served with Sour cream, Guacamole, salsa, Grated cheese, topped with Jalapeños	£9.95
Mezze Platter Parma ham, Chorizo, Salami, pitta, Olives, dried tomatoes, homous	£10.55

Starters

Homemade Soup of the Day (V) (GF) Served with a bread roll or GF bread	£4.15
Homemade terrine of the day served with crostini	£4.95
Potted prawns (GF) Served with crostini or GF toast.	£4.95
Homemade Goats cheese & beetroot tartlet (V) Served with mixed leaves	£4.95
Chicken & chorizo skewers With paprika mayonnaise	£4.95
Asparagus wrapped in Parma ham (GF) With hollandaise sauce	£5.95
Homemade Smoked haddock Fishcake With poached egg & mixed leaves	£5.20/£9.35

Main

8oz Essex Rump steak (GF) Served with chips, grilled tomato, mushroom & Rocket salad	£10.95
8oz Essex Rib eye steak (GF) Served with chips, grilled tomato, mushrooms & Rocket salad	£13.50
Why not add a freshly made sauce Pepper, garlic butter, Stilton.	£1.30
Essex Steak & Local Ale Pie Served with mash, Peas & real gravy	£10.45
Slow cooked belly Blythburgh pork with Aspalls Cyder gravy With black pudding mash and Savoy cabbage	£10.95

Homemade Stowmarket chicken escalope With honey & mustard coleslaw, new potatoes and a mixed leaf salad	£9.95
Redcurrant & mint crusted lamb With new potatoes & seasonal vegetables	£10.95
Aromatic confit duck with hoi sin & plum sauce Served with stir fried vegetables & noodles	£10.95
Spring vegetable risotto (V) With broad beans, courgettes, leeks, asparagus, & peas	£8.95
Stuffed sweet pointed peppers (V) (GF) Served with mixed leaves	£8.95
Beer battered Fish of the day With chips, mushy peas & Home made tartar sauce	£9.35
Home made Smoked haddock fishcakes Served with poached egg and mixed leaves	£9.35

Salads

Classic Caesar (V) (GF)	£7.45
Stowmarket Chicken Caesar (GF)	£8.35
Scampi Salad with tartar sauce	£9.95
Prawn salad with seafood dressing	£8.95
Shredded Duck salad with hoi sin dressing	£9.95
Asian Style beef salad Spicy beef with peppers served on a bed of noodles	£10.25
Greek salad (V) (GF) With feta, olives, tomatoes, cucumber, red pepper & red onion with red wine vinegar dressing.	£8.95

Sunday Roast

£9.35
A choice of meats served with seasonal vegetables roast
potatoes and a homemade Yorkshire pudding.
Served every Sunday 12-9.30pm

Daily specials

Please see our boards for our changing specials

**OUR MAIN INGREDIENTS ARE SOURCED WITHIN
A 40-MILE RADIUS, HELPING TO PROMOTE & SUSTAIN
LOCAL FARMS & FISHERIES.**

PLEASE NOTE OUR FOOD IS FRESHLY PREPARED TO ORDER
THIS UNFORTUNATELY MEANS DELAYS CAN OCCUR ON
BUSY DAYS AND FOR LARGE GROUPS.

TO HELP US SERVE YOU QUICKER WE ASK GROUPS OF OVER 8
TO PRE ORDER IF POSSIBLE.

ALL DISHES SUBJECT TO AVAILABILITY

ALL DISHES MAY CONTAIN NUTS

Also see the chalkboards for our frequently changing specials

Wraps & sandwiches

(Gluten free bread available on request)

Coronation chicken & mango wrap	£5.25
Shredded duck wrap	£5.25
Chicken Caesar wrap	£5.25
Prawn, cream cheese & avocado wrap	£5.25
Spicy beef & pepper pitta	£5.25
Greek salad pitta	£5.25

Roasted red pepper & homous focaccia (v)	£5.25
Ham & mustard focaccia	£5.25
Goats cheese & peppers focaccia with home made chilli jam	£5.25
Classic BLT focaccia	£5.25

All served with crisps and mixed leaves

Jacket potatoes

Plain (v)	£3.95
Bacon and Brie	£5.25
Cheese (v)	£4.25
Coronation chicken	£5.25
Beans (v)	£4.50
Cheese & Beans (v)	£4.95
Prawn	£4.95

All jackets served with a salad garnish

**SANDWICHES & JACKET POTATOES
ARE SERVED 12-6pm**

Ploughman's Lunch £8.45

Pork pie, Stilton, cheddar cheese and chutney.
Served with salad & foccacia bread

Side orders

Chips	£2.05
Sauté potatoes	£2.05
Mash	£2.05
Mixed leaf Salad	£2.05
Seasonal vegetables	£2.05
Garlic bread	£1.85
Bread roll	£0.55
Mushy Peas	£2.05
Mushrooms	£2.05
Extra cheese	£0.55
Foccacia roll	£1.25

Desserts

Caprilate Ice cream trio (GF)	£4.15
Award winning ice cream from Butterfly lodge farm, Abberton, Colchester.	
Cheesecake of the day	£4.95
Home made Chocolate Brownie	£4.95
Served with ice cream	
Apple & summer fruits crumble	£4.95
Dessert of the day	£4.95
Cheese & biscuits	£5.20
Stilton, cheddar and Brie (GF crackers available)	
Coffee & petit fours	£2.95

Gluten Free (GF)

(Please ensure your waitress is informed you
require gluten free options)

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